

# Bee Balm

*Monarda fistulosa*  
ssp. *fistulosa* var. *fistulosa*



**Plant Description** – native, herb/wildflower, deciduous, perennial

**Height:** 2 - 4 ft **Width/Spread:** 2 – 3 ft



## Leaves

**Shape:** lanceolate

**Arrangement:** opposite

**Margin:** serrate

**Form:** simple

**Leaf Description:** up to 4-inch long leaves are gray-green in color; stems are square

## Flower/Bloom

**Flower Color:** pink, purple

**In Bloom:** Jun - Sep

**Flower Shape:** tubulate

**Flower(s) Description:** fragrant; solitary pompom-like cluster of flowers on end of branch upon a whorl of leafy bracts; bilabiate (two-lipped) with narrow upper lip and broad lower lip



## Fruits & Seeds

**Spreads via:** Seeds & Rhizomes

**Seed Type:** Dry seed pod

**Seed Season:** Summer - Fall

**Fruit and Seed Description:** small, brown, elongate, round

## Ecological Benefits

Food source for Butterflies, Native Bees, and Hummingbirds

## Maintenance Notes

Dormant in winter; prefers average watering (*water two times per week during the summer and once per week during the rest of the year*)