



Spearmint

Mentha spicata

Plant Description – non-native, herb, deciduous, perennial

Height: 1 – 2 ft **Width/Spread:** 1 – 2 ft



Leaves

Shape: ovate & lanceolate

Arrangement: opposite

Margin: serrate

Form: simple

Leaf Description: leaves are dark green up to 3 inches long and less than 1 inch wide, smooth/no hair, strong spearmint scent and taste, wrinkled appearance because of the indentations along veins; leaves grow on square stems (mint family characteristic)

Flower/Bloom

Flower Color: lilac, pink, white

Flower Shape: tubulate

In Bloom: Jul - Aug

Flower(s) Description: dense clusters of small whorled flowers on spike-like inflorescences about 1-6 inches long



Fruits & Seeds

Spreads via: Seeds & Rhizomes

Seed Type: Dry seed pod

Fruit and Seed Description: the fruit is dry but does not split open when ripe and generally contains 4 nutlets that have a rounded tip

Ecological Benefits

Food source for Butterflies and Native Bees

Maintenance Notes

Plant will die back in winter in the northern third of the state, but will continue growing and remain green in the southern two-thirds of the state; prefers average watering (*water two times per week during the summer and once per week during the rest of the year*)